



Wellness Policy: Alba-Golden ISD

Introduction

Federal Public Law (PL 108.265 Section 204) states that by the first day of the 2006 school year beginning after June 30, 2006 all schools must develop a local wellness policy that involves parents, students, a representative from the School Food Authority, school board, school administrators and the public. The Local Education Authority (LEA) will establish a plan for measuring implementation of the local wellness policy.

Development and Adoption:

The following goals and policies for student wellness were developed by the Alba-Golden SHAC (Student Health Advisory Committee), under the leadership of the district nurse. The SHAC consists of representatives from each of the following categories: Campus administration and staff, community members, parents, students, school health and wellness professionals, school nutrition staff, and the board of trustees. This wellness policy complies with the guidelines set forth by the Texas Department of Agriculture, and was adopted by the Alba-Golden ISD Board of Trustees at the regular monthly meeting held on April 11, 2006 at 7:00 pm.

Review and Approval:

The current wellness policy was reviewed by the Alba-Golden SHAC and Food Service Department. The Wellness Policy has been updated in accordance with the July 2014 regulations and will continue to be updated as regulations change. All referenced policies have been updated to include the latest legal policy adoption. The business manager, along with the campus administrators, shall be designated as the school officials to ensure that each school complies with the Local Wellness Policy. The board of trustees shall formally review and approve updates to the wellness manual as needed.

Mission Statement:

Alba-Golden ISD is committed to providing a school environment that enhances learning and development of lifelong wellness through example, curriculum, nutrition education, and physical activity.

Alba-Golden ISD-Goals for Student Wellness

Goals: [Related Policies and Regulation are noted below each goal]

Sequential and interdisciplinary physical, health, and nutrition education is promoted and provided in curriculum approved by TEA, meeting all essential knowledge and skills requirements. Nutrition information is shared with parents to encourage them to teach their children about health and nutrition. [Policy Online, EHAA & EHAB Legal]

- Patterns of meaningful physical activity connect to students' lives outside of physical education. Physical activities should be integrated across curricula and throughout the school days. [Policy Online, EHAA & EHAB Legal]
- Time allotted for physical activity will be consistent with state standards. [Policy Online, EHAB Legal]
- All school-based activities are consistent with local wellness policy goals. Support for the health of all students is demonstrated by schools hosting Health Fairs, Screenings and other health care assistance. [Policy Online, CO-Legal]
- Child Nutrition Programs comply with federal, state and local requirements. Child Nutrition Programs are accessible to all children. . [Policy Online, CO-Legal]
- All foods and beverages made available on campus (including vending, concessions, a la carte, student stores, parties, and fundraising) during the school day are consistent with the current Dietary Guidelines for Americans, Healthy, Hunger-Free Kids Act, and USDA Smart Snacks Rules. [Policy online at www.squaremeals.org]
- All foods made available on campus adhere to food safety and security regulations, Hazard Analysis and critical Control Points (HACCP) plans and guidelines are implemented. [Policy Online, CO-Legal]
- The school environment is safe, comfortable, pleasing, and allows ample time for eating meals. Food and/or physical activity is not used as a reward or punishment.

The SHI (School Health Index) will be used at least tri-annually to assess the level of implementation of a Coordinated School Health Program at each campus. An annual report on student wellness will be presented to the Student Health Advisory Committee (SHAC). The report will include implementation of wellness events and the health status of Alba-Golden ISD students. The SHAC coordinator, or designee, shall report to the board of trustees at least tri-annually. [Policy Online, EHAA-Legal]

The Alba-Golden Independent School District Board of Trustees reviewed and approved updates to the District Wellness Policy on the 9th day of October , 2017.

Signature: 
Board of Trustees, President

Date: 10/9/17


Board of Trustees, Secretary

POLICIES ATTACHED

CO-Legal
EHAA Legal
EHAB Legal
HHFKA
FN-105

FOOD SERVICES MANAGEMENT

CO
(LEGAL)

MINIMUM STANDARDS
FOR SCHOOL
NUTRITION PROGRAM
DIRECTORS

Each district must ensure that all newly hired school nutrition program directors meet minimum hiring standards and ensure that all new and existing directors have completed the minimum annual training/education requirements for school nutrition program directors, as set forth in the Code of Federal Regulations. *7 C.F.R. 210.30*

TEXAS DEPARTMENT
OF AGRICULTURE
SCHOOL NUTRITION
POLICIES

Districts must comply with rules adopted by the Texas Department of Agriculture (TDA), which administers federal and state nutrition programs including the National School Lunch Program (NSLP) under 42 U.S.C. Section 1751 et seq.; and the School Breakfast Program (SBP) under 42 U.S.C. Section 1773. *Agriculture Code 12.0025*

DEFINITIONS

"School day" means the midnight before, to 30 minutes after, the end of the official school day.

"School campus" means all areas of the property under the jurisdiction of the school that are accessible to students during the school day.

4 TAC 26.1

EXEMPT
FUNDRAISERS

Schools that participate in the NSLP or SBP may sell food and beverages that do not meet nutritional standards outlined in 7 C.F.R. Parts 210 and 220 as part of a fundraiser, during the school day, for up to six days per school year on each school campus, provided that no specially exempted fundraiser foods or beverages may be sold in competition with school meals in the food service area during the meal service. *4 TAC 26.2*

LIMITATION ON
SANCTIONS

TDA may not impose on a district a sanction, including disallowing meal reimbursement, based on the sale to students at a high school of food of minimal nutritional value, if the sale is approved in advance by the school and is made:

1. Outside of a school area designated for food service or food consumption or during a period other than a school meal service period; and
2. For the purpose of raising money for a student organization or activity sponsored or sanctioned by the school or the school district in which the school is located.

Agriculture Code 12.0028

INSUFFICIENT MEAL
CARD BALANCE

A district that allows students to use a prepaid meal card or account to purchase meals served at the school shall adopt a grace period policy regarding the use of the cards or accounts. The policy:

**BASIC INSTRUCTIONAL PROGRAM
REQUIRED INSTRUCTION (ALL LEVELS)**

**EHAA
(LEGAL)**

PURPOSE

A primary purpose of the public school curriculum is to prepare thoughtful, active citizens who understand the importance of patriotism and can function productively in a free enterprise society with appreciation for the basic democratic values of our state and national heritage. The District shall foster the continuation of the tradition of teaching United States and Texas history and the free enterprise system in regular subject matter, in reading courses, and in the adoption of textbooks. *Education Code 28.002(h)*

As a condition of accreditation, the District shall provide instruction in the essential knowledge and skills at appropriate grade levels in the foundation and enrichment curriculum. *Education Code 28.002(c); 19 TAC 74.1(b)*

The District shall ensure that all children in the District participate actively in a balanced curriculum designed to meet individual needs. *Education Code 28.002(g)*

Instruction may be provided in a variety of arrangements and settings, including mixed-age programs designed to permit flexible learning arrangements for developmentally appropriate instruction for all student populations to support student attainment of course and grade-level standards. *19 TAC 74.2*

**REQUIRED
CURRICULUM**

A district that offers kindergarten through grade 12 shall offer the following as a required curriculum:

**FOUNDATION
CURRICULUM**

1. A foundation curriculum that includes:
 - a. English language arts and reading;
 - b. Mathematics;
 - c. Science; and
 - d. Social studies, consisting of Texas, United States, and world history; government; geography; and economics with emphasis on the free enterprise system and its benefits.

Education Code 28.002(a)(1); 19 TAC 74.1(a)(1)

**ENRICHMENT
CURRICULUM**

2. An enrichment curriculum that includes:
 - a. Languages other than English, to the extent possible. American Sign Language is a language for these purposes and the District may offer an elective course in the language;
 - b. Health, with emphasis on the importance of proper nutrition and exercise;

BASIC INSTRUCTIONAL PROGRAM
REQUIRED INSTRUCTION (ALL LEVELS)

EHAA
(LEGAL)

- c. Physical education;
- d. Fine Arts;
- e. Career and technical education;
- f. Technology applications;
- g. Religious literature, including the Hebrew Scriptures (Old Testament) and New Testament, and its impact on history and literature; and
- h. Personal financial literacy.

Education Code 28.002(a)(2), (e); 19 TAC 74.1(a)(2)

LOCAL CREDIT

The District may offer courses for local credit, at its discretion, in addition to those in the required curriculum, but it may not delete or omit instruction in the foundation and enrichment curricula specified above. *Education Code 28.002(f); 19 TAC 74.1(b)*

LOCAL
INSTRUCTIONAL PLAN

The District's local instructional plan may draw on state curriculum frameworks and program standards as appropriate. The District is encouraged to exceed minimum requirements of law and State Board rule.

MAJOR
CURRICULUM
INITIATIVES

Before the adoption of a major curriculum initiative, including the use of a curriculum management system, the District must use a process that:

1. Includes teacher input;
2. Provides District employees with the opportunity to express opinions regarding the initiative; and
3. Includes a meeting of the Board at which information regarding the initiative is presented, including the cost of the initiative and any alternatives that were considered; and members of the public and District employees are given the opportunity to comment regarding the initiative.

Education Code 28.002(g)

COMMON CORE
STATE STANDARDS

The District may not use common core state standards to comply with the requirement to provide instruction in the essential knowledge and skills at appropriate grade levels. The District may not be required to offer any aspect of a common core state standards curriculum. "Common core state standards" means the national curriculum standards developed by the Common Core State Standards Initiative. *Education Code 28.002(b-1), (b-3), (b-4)*

BASIC INSTRUCTIONAL PROGRAM
REQUIRED INSTRUCTION (ALL LEVELS)

EHAA
(LEGAL)

COORDINATED
HEALTH PROGRAMS

TEA shall make available to the District one or more coordinated health programs or allow the development of District programs designed to prevent obesity, cardiovascular disease, oral disease, and type 2 diabetes in elementary, middle, and junior high school students. Each program must provide for coordinating:

1. Health education, including oral health education;
2. Physical education and physical activity;
3. Nutrition services; and
4. Parental involvement.

Education Code 38.013; 19 TAC 102.1031(a)

The District shall participate in appropriate training to implement TEA's coordinated health program and shall implement the program in each elementary, middle, and junior high school in the District. *Education Code 38.014*

Coordinated school health programs that are developed by the District and that meet TEA criteria may be approved and made available as approved programs. The District must use materials that are proven effective, such as TEA-approved textbooks or materials developed by nationally recognized and/or government-approved entities. *19 TAC 102.1031(c)*

PHYSICAL EDUCATION

The District shall establish specific objectives and goals the District intends to accomplish through the physical education curriculum. The physical education curriculum must be sequential, developmentally appropriate, and designed, implemented, and evaluated to enable students to develop the motor, self-management, and other skills, knowledge, attitudes, and confidence necessary to participate in physical activity throughout life.

A physical education course shall:

1. Offer students an opportunity to choose among many types of physical activity in which to participate;
2. Offer students both cooperative and competitive games; and
3. Be an enjoyable experience for students.

On a weekly basis, at least 50 percent of a physical education class shall be used for actual student physical activity and the activity shall be, to the extent practicable, at a moderate or vigorous level.

BASIC INSTRUCTIONAL PROGRAM
REQUIRED INSTRUCTION (ALL LEVELS)

EHAA
(LEGAL)

STUDENT/TEACHER
RATIO

The objectives and goals shall include, to the extent practicable, student/teacher ratios [see EEB] that are small enough to enable the District to:

1. Carry out the purposes of and requirements for the physical education curriculum; and
2. Ensure the safety of students participating in physical education.

If the District establishes a student to teacher ratio greater than 45 to 1 in a physical education class, the District shall specifically identify the manner in which the safety of the students will be maintained.

Education Code 25.114, 28.002(d); 19 TAC 74.37

CLASSIFICATION FOR
PHYSICAL EDUCATION

The District shall classify students for physical education on the basis of health into one of the following categories:

1. Unrestricted—not limited in activities.
2. Restricted—excludes the more vigorous activities. Restricted classification is of two types:
 - a. Permanent—A member of the healing arts licensed to practice in Texas shall provide written documentation to the school as to the nature of the impairment and the expectations for physical activity for the student.
 - b. Temporary—Students may be restricted from physical activity of the physical education class. A member of the healing arts licensed to practice in Texas shall provide written documentation to the school as to the nature of the temporary impairment and the expected amount of time for recovery. During recovery time, the student shall continue to learn the concepts of the lessons but shall not actively participate in the skill demonstration.
3. Adapted and remedial—specific activities prescribed or prohibited for students as directed by a member of the healing arts licensed to practice in Texas.

19 TAC 74.31

SCHOOL HEALTH
ADVISORY COUNCIL

The Board shall establish a local school health advisory council (SHAC) to assist the District in ensuring that local community values are reflected in the District's health education instruction. *Education Code 28.004(a)* [See BDF regarding composition of the SHAC and FFA regarding federal wellness requirements]

BASIC INSTRUCTIONAL PROGRAM
REQUIRED INSTRUCTION (ALL LEVELS)

EHAA
(LEGAL)

DUTIES

The SHAC's duties include recommending:

1. The number of hours of instruction to be provided in health education;
2. Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, type 2 diabetes, and mental health concerns through coordination of:
 - a. Health education,
 - b. Physical education and physical activity,
 - c. Nutrition services,
 - d. Parental involvement,
 - e. Instruction to prevent the use of tobacco;
 - f. School health services,
 - g. Counseling and guidance services,
 - h. A safe and healthy school environment, and
 - i. School employee wellness;
3. Appropriate grade levels and methods of instruction for human sexuality instruction;
4. Strategies for integrating the curriculum components specified by item 2, above, with the following elements in a coordinated school health program:
 - a. School health services;
 - b. Counseling and guidance services;
 - c. A safe and healthy school environment; and
 - d. School employee wellness; and
5. If feasible, joint use agreements or strategies for collaboration between the District and community organizations or agencies. Any agreement entered into based on a recommendation of the SHAC must address liability for the District and community organization.

Education Code 28.004(c)

The SHAC shall consider and make policy recommendations to the District concerning the importance of daily recess for elementary school students. The SHAC must consider research regarding un-

BASIC INSTRUCTIONAL PROGRAM
REQUIRED INSTRUCTION (ALL LEVELS)

EHAA
(LEGAL)

structured and undirected play, academic and social development, and the health benefits of daily recess in making the recommendations. The SHAC shall ensure that local community values are reflected in any policy recommendation made to the District concerning the importance of daily recess for elementary school students. *Education Code 28.004(l)*

CONTENT OF HUMAN
SEXUALITY
INSTRUCTION

The Board shall determine the specific content of the District's instruction in human sexuality. *Education Code 28.004(h)*

The Board shall select any instruction relating to human sexuality, sexually transmitted diseases, or human immunodeficiency virus (HIV) or acquired immune deficiency syndrome (AIDS) with the advice of the SHAC. The instruction must:

1. Present abstinence as the preferred choice of behavior for unmarried persons of school age;
2. Devote more attention to abstinence than to any other behavior;
3. Emphasize that abstinence is the only method that is 100 percent effective in preventing pregnancy, sexually transmitted diseases, infection with HIV or AIDS, and the emotional trauma associated with adolescent sexual activity;
4. Direct adolescents to a standard of behavior in which abstinence before marriage is the most effective way to prevent pregnancy, sexually transmitted diseases, and infection with HIV or AIDS; and
5. Teach contraception and condom use in terms of human use reality rates instead of theoretical laboratory rates, if instruction on contraception and condoms is included in the curriculum.

Education Code 28.004(e)

CONDOMS

The District may not distribute condoms in connection with instruction relating to human sexuality. *Education Code 28.004(f)*

SEPARATE
CLASSES

If the District provides human sexuality instruction, it may separate students according to sex for instructional purposes. *Education Code 28.004(g)* [See FB regarding single-sex classes under Title IX]

NOTICE TO
PARENTS

Before each school year, the District shall provide written notice to a parent of each student enrolled in the District of the Board's decision regarding whether the District will provide human sexuality instruction to District students. If instruction will be provided, the notice must include:

BASIC INSTRUCTIONAL PROGRAM
REQUIRED INSTRUCTION (ALL LEVELS)

EHAA
(LEGAL)

1. A summary of the basic content of the District's human sexuality instruction to be provided to the student, including a statement informing the parent of the instructional requirements under state law;
2. A statement of the parent's right to:
 - a. Review curriculum materials as provided by Education Code 28.004(j); and
 - b. Remove the student from any part of that instruction without subjecting the student to any disciplinary action, academic penalty, or other sanction imposed by the District or the student's school; and
3. Information describing the opportunities for parental involvement in the development of the curriculum to be used in human sexuality instruction, including information regarding the SHAC.

A parent may use the grievance procedure at FNG concerning a complaint of a violation of notice requirements.

Education Code 28.004(i)-(i-1)

AVAILABILITY OF
MATERIALS

The District shall make all curriculum materials used in human sexuality instruction available for reasonable public inspection. *Education Code 28.004(j)* [See EFAA regarding selection of curriculum materials for human sexuality instruction]

STEROID NOTICE AND
EDUCATION

The District shall, at appropriate grade levels as determined by the State Board of Education, provide to students involved in extracurricular athletic activities information developed by TEA regarding the use of anabolic steroids and the health risks involved with such use. *Education Code 38.0081(b)*

Each school in a district in which there is a grade level of seven or higher shall post in a conspicuous location in the school gymnasium and each other place in a building where physical education classes are conducted a notice regarding steroids, using the text set forth at Education Code 38.008 [see FNCF(EXHIBIT)]. *Education Code 38.008*

**BASIC INSTRUCTIONAL PROGRAM
REQUIRED INSTRUCTION (ELEMENTARY)**

**EHAB
(LEGAL)**

**ESSENTIAL
KNOWLEDGE AND
SKILLS**

A district that offers kindergarten through grade 5 must provide instruction in the required curriculum as specified in 19 Administrative Code 74.1 (relating to Essential Knowledge and Skills).

A district shall ensure that sufficient time is provided for teachers to teach and students to learn English language arts, mathematics, science, social studies, fine arts, health, physical education, technology applications, and to the extent possible, languages other than English.

19 TAC 74.2

**DAILY PHYSICAL
ACTIVITY**

A district shall require students in kindergarten through grade 5 to participate in moderate or vigorous daily physical activity for at least 30 minutes throughout the school year, as part of the district's physical education program or through structured activity during a campus's daily recess.

If a district determines, for any particular grade level, that requiring moderate or vigorous daily physical activity is impractical due to scheduling concerns or other factors, the district may as an alternative require a student in that grade level to participate in moderate or vigorous physical activity for at least 135 minutes during each school week.

A district must provide an exemption for a student who is unable to participate in the required physical activity because of illness or disability.

Education Code 28.002(l)

GRADE 6 FINE ARTS

A district that provides instruction for grade 6 in a self-contained elementary class as part of elementary school shall provide instruction for students in grade 6 in all of the Middle School 1 TEKS for art, dance, music, and theatre as specified in 19 Administrative Code Chapter 117. *Education Code 28.002(c-1); 19 TAC 74.2(b)*

Overview of the USDA Smart Snacks Rule

Guidance for School Nutrition Professionals

Definitions

Competitive food

All food and beverages sold to students on the school campus during the school day, other than those meals reimbursable under the National School Lunch Program and the School Breakfast Program.

School campus

All areas of the property under the jurisdiction of the school that is accessible to students during the school day

School day

The period from midnight before to 30 minutes after the end of the official school day

A La Carte

Menu items sold individually and, therefore, not part of the school nutrition program's reimbursable meals

The Healthy, Hunger-Free Kids Act required the USDA to establish nutrition standards for competitive foods sold in schools. USDA's interim final rule "Nutrition Standards for All Foods Sold in School," is effective **July 1, 2014**. These science-based nutrition standards promote a healthy school environment and apply to all foods and beverages sold outside of the reimbursable school nutrition program meals, such as:

- A la carte cafeteria sales
- School stores
- Snack bars
- Vending machines
- Fundraisers

HOW WILL THIS IMPACT MY SCHOOL?

School Nutrition Program Revenue

This rule may impact school nutrition program revenue, depending on each school's current competitive food product selection and sales. A la carte items served as either an entrée or snack/side dish must meet the Smart Snacks standards, with the exception of NSLP/SBP entrée items that are sold a la carte the day of service or the day after service.

Beverages

Allowable beverages for all grades include plain water, low-fat (1%) milk (unflavored), nonfat milk (flavored and unflavored) and 100% fruit and/or vegetable juice. Although federal regulations allow high schools the additional flexibility to sell other flavored and/or carbonated diet and low-calorie beverages, including those that contain caffeine, the Texas Public School Nutrition Policy does not currently allow carbonated beverages of any kind. New state level guidance is forthcoming that will provide additional guidance.

Record-Keeping

School food operators are responsible for maintaining accurate documentation of foods and beverages sold through the nonprofit Child Nutrition account. Compliance will be assessed during the Administrative Review.

A Team Approach

The Smart Snacks standards apply to all foods sold in schools, including fundraisers. Food and beverages that meet Smart Snacks may be sold to raise funds for school sponsored events, clubs, and activities. Food and beverages that do not meet Smart Snacks may not be sold at any time during the school day. It is important to communicate with school leadership and staff, parent organizations, extracurricular groups, and the Local Wellness Policy committee. that sell food or beverages for fundraisers should be aware of these standards. A collaborative team approach can ensure compliance and promote a healthy school environment.

NUTRITION STANDARDS FOR FOOD

The following food items are exempt from all competitive food nutrient standards, and therefore may be sold:

- Fresh, canned or frozen fruits with no added ingredients except water or packed in 100% juice, extra light syrup or light syrup
- Fresh vegetables and canned vegetables with no added ingredients except water or sugar for processing
- NSLP/SBP Entrée items are exempt when they are sold on the day of service or the school day after service
- Sugar-Free Chewing Gum

All other food items must meet the following criteria, for all age/grade levels:

General Criteria (must be one of these 4 items)

1. Whole grain-rich (50% or more whole grains by weight or first ingredient whole grain); OR
2. Have as the first ingredient fruit, vegetable, dairy or protein (meat, beans, nuts, eggs etc.); OR
3. A combination food with at least ¼ cup fruit and/or vegetable; OR
4. Contain 10% of the Daily Value of one of the four nutrients of public health concern: calcium, potassium, vitamin D, dietary fiber

AND meet the following additional nutrient standards

Nutrient	Standard
Calories	Entrée: ≤350 calories per item Snack/Side Dish: ≤200 calories per item
Sodium	Entrée: ≤480 mg sodium per item Snack/Side Dish: ≤230 mg sodium per item (≤200 mg after July 1, 2016)
Total Fat	≤35% of total calories from fat per item as packaged/served
Saturated Fat	<10% of total calories per item as packaged/served
Trans Fat	Zero (<0.5 g) grams of trans fat per portion as packaged/served
Total Sugar	≤35% of weight from total sugars per item (dried/dehydrated fruits/vegetables exempt)

NUTRITION STANDARDS FOR ALLOWED BEVERAGES

Beverage	Elementary School	Middle School	High School
Plain water, with or without carbonation	No size limit	No size limit	No size limit
Low fat milk (1%), unflavored	≤ 8 oz	≤ 12 oz	≤ 12 oz
Nonfat milk, unflavored or flavored	≤ 8 oz	≤ 12 oz	≤ 12 oz
100% fruit/vegetable juice ^(A)	≤ 8 oz	≤ 12 oz	≤ 12 oz
Caffeinated beverages	Not allowed ^(B)	Not allowed ^(B)	Allowed
Calorie free ^(C) and low-calorie beverages ^(D)	Not allowed	Not allowed	Limited Allowability per State Regulation ^(E)

(A) 100% fruit/vegetable juice and 100% fruit/vegetable juice diluted with water, with or without carbonation, and no added sweeteners

(B) Foods and beverages must be caffeine-free, with the exception of trace amounts of naturally occurring caffeine substances

(C) Other flavored and/or carbonated beverages (≤20 fl oz) that are labeled to contain ≤5 calories per 8 fl oz, or ≤10 calories per 20 fl oz

(D) Other flavored and/or carbonated beverages (≤12 fl oz) that are labeled to contain ≤40 calories per 8 fl oz, or ≤60 calories per 12 fl oz

(E) Texas regulations do not allow certain calorie free and low calorie beverages to be sold during the school day



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Texas Department of Agriculture
Local Wellness Policy Checklist

FN-105

Susan Combs, Commissioner

School District Name Alba-Golden ISD	County District No 250-906	Education Service Center (ESC) Region VII
Child Nutrition Program (CNP) Director Name Brenda Kelley		ESC/CNP Specialist's Name

s e c t i o n b	1 IMPLEMENTATION	
	1. School district has submitted documentation to support a local wellness policy that indicates implementation no later than July 1, 2006	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
	Notes:	
	2 Development of Policy	
	1 Involves parents	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
	2 Involves students	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
	3 Involves representatives of the School Food Authority	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
	4 Involves school board	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
5 Involves school administrators	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	
6. Involves the public	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	
Notes: Approved by school board April 11, 2006		

This document becomes public record and is subject to disclosure. With few exceptions, you have the right to request and be informed about the information that the State of Texas collects about you. You are entitled to receive and review the information upon request. You also have the right to ask the state agency to correct any information that is determined to be incorrect. (Reference: Government Code, Sections 522.021, 522.023, and 559.004.)

FN-105 Local Wellness Policy Checklist

s e c t i o n h (c o n t i n u e d) s e c t i o n C	3 Goals and GUIDELINES	
	1. Includes goals for nutrition education designed to promote student wellness	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
	2. Includes goals for physical activity designed to promote student wellness	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
	3. Includes goals for other school-based activities designed to promote student wellness	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
	4. Includes nutrition guidelines for all foods and beverages available on each school campus during the school day	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
	5. Provides assurance that guidelines for reimbursable meals shall not be less restrictive than the regulations and guidance of the Child Nutrition Act and the National School Lunch Act	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
	Notes:	
	4 Measurement of Implementation	
	1. Policy establishes a plan for measuring implementation of the local wellness policy	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
	2. Policy designates one or more persons responsible for implementation and monitoring within the School Food Authority or at each school of the local wellness policy	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
	3. Designated person(s) has (have) the operational responsibility for ensuring that the school meets the local wellness policy	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
	4. Designated person(s) is (are) responsible for measuring implementation of the policy	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
	Notes:	
5 Signatures		
Signature of CNP Director <i>Brenda Kelley</i>	Date (mm/dd/yy) 11/05/01/2006	
Signature of ESC/CNP Specialist	Date / /	
Signature of TDA official	Date / /	

FN-105 Local Wellness Policy Checklist

s e c t i o n d	Federal/State Policies and Procedures
	<p>USDA Guidance/Requirements for Implementing a Local Wellness Policy: Not later than the first day of the school year beginning after June 30, 2006, each School Food Authority (SFA) participating in a program authorized by the Richard B. Russell National School Lunch Act (42 U.S.C. 1751 et seq.) or the Child Nutrition Act of 1966 (42 U.S.C. 1771 et seq.) shall establish a local school wellness policy for schools under the SFA that, at a minimum: includes goals for nutrition education, physical activity and other school-based activities that are designed to promote student wellness in a manner that the SFA determines is appropriate; includes nutrition guidelines selected by the SFA for all foods available on each school campus under the SFA during the school day with the objectives of promoting student health and reducing childhood obesity; provides assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture pursuant to Subsections (a) and (b) of Section 10 of the Child Nutrition Act (42 U.S.C. 1779) and Section 9(f)(1) and 17(a) of the Richard B. Russell National School Lunch Act (42 U.S.C. 1758(f)(1), 1766(a) as those regulations and guidance apply to schools; establishes a plan for measuring implementation of the local wellness policy, including designation of one or more persons within the SFA or at each school, as appropriate, charged with operational responsibility for ensuring that the school meets the local wellness policy; and involves parents, students, and representatives of the SFA, the school board, school administrators, and the public in the development of the school wellness policy.</p> <p>The Secretary of Agriculture, in coordination with the Secretary of Education and in consultation with the Secretary of Health and Human Services, acting through the Centers for Disease Control and Prevention, shall make available to LEAs, SFAs and State educational agencies, on request, information and technical assistance for use in establishing healthy school nutrition environments, reducing childhood obesity, and preventing diet-related chronic diseases. Technical assistance provided by the Secretary under this section shall: include relevant and applicable examples of schools and SFAs that have taken steps to offer healthy options for foods sold or served in schools; include such other technical assistance as required to carry out the goals of promoting sound nutrition and establishing healthy school nutrition environments that are consistent with the local wellness policy, be provided in such a manner as to be consistent with the specific needs and requirements of local educational agencies, and be for guidance purposes only and not be construed as binding or as a mandate to school districts or state educational agencies.</p> <p>Responsibilities of Texas Department Of Agriculture (TDA) Food and Nutrition (F&N) Division: The F&N Division will provide technical assistance and required training to the local school districts through the ESC/CNP Specialists in their region. The F&N Division will supply training materials for the wellness policy training sessions and offer resources through TDA's Square Meals Web site at www.squaremeals.org. Copies of all local wellness policies and their corresponding completed checklists will be reviewed by the F&N Division and placed in TDA's school district file. This requirement will also be monitored during the scheduled Coordinated Review Effort.</p>

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Responsibilities of ESC/CNP Specialist:

The ESC/CNP Specialist will distribute the Wellness Policy Checklist to each of their local school districts as a self-evaluation tool. The ESC/CNP Specialist will coordinate and sponsor 3 to 4 regional training sessions of 4 to 6 hours each that provide all the information school districts need to develop a local wellness policy that meets the requirements of the 2004 Reauthorization Act. The ESC/CNP Specialist will review all local wellness policies adopted by the school districts in their region and will complete the Wellness Policy Checklist to verify all local wellness policies meet the minimum requirements established by the 2004 Reauthorization Act and USDA. The ESC/CNP Specialist will sign and submit a copy of the written local wellness policy and completed checklist to the TDA F&N Division for final review and to be placed in TDA's school district's file. On May 15, 2006, the ESC/CNP Specialist will send a list to the F&N Division of all schools in their region that have not submitted a local wellness policy for review.

Responsibilities of the Local School District's Child Nutrition Program:

School districts are asked to participate in one of the ESC regional training sessions for wellness implementation. Also, SFAs must submit to regional ESC/CNP Specialist(s) documentation to support a local wellness program that complies with the USDA Guidance and includes a date for implementation. The school district is responsible for the actual development of the policy and for meeting the minimum requirements established by the 2004 Reauthorization Act no later than the first day of the school year beginning after June 30, 2006.